

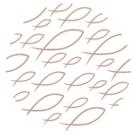


**LESSON PLAN**

**Introducing Growth Mindset, Kindergarten – Second Grade**

<b>Objectives:</b>	
<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>• Relate the growth of the brain to the growth of a plant, muscle, etc</li> <li>• Answer the question “How do people become smarter?”</li> </ul>	
<b>Standards:</b>	
<p>CCSS.ELA–Literacy.SL.K.1, CCSS.ELA–Literacy.SL.1.1, CCSS.ELA–Literacy.SL.2.1          CCSS.ELA–Literacy.SL.K.3, CCSS.ELA–Literacy.SL.1.3, CCSS.ELA–Literacy.SL.2.3</p>	
<b>Lesson Notes:</b>	
<p>This lesson is heavily discussion based and includes lots of turn and talks. Try to vary this by having students partner with different people. For example this lesson uses elbow and knee partners (person next to and person behind).</p> <p>Try to include movement for example: between their seats and the carpet or even as part of the discussion- 4 corners, stand if you agree, etc.</p>	
<b>Vocabulary:</b>	<b>Materials:</b>
<p>brain          smart          grow          muscle</p>	<p>Video:  <a href="https://ideas.classdojo.com/f/growth-mindset-1/">https://ideas.classdojo.com/f/growth-mindset-1/</a>          Chart paper to create KWL          Vocabulary cards (word with a picture &amp; definition)          Paper for students to color &amp; write on          Coloring &amp; writing tools</p>

<b>Time</b>	<b>Lesson Outline</b>
<i>5 mins</i>	<b>Introduction:</b> (objectives & purpose for learning, link to prior learning, define vocabulary, etc.)
<i>1 mins</i>	Today we are going to talk about how our brains grow and answer the question- “How do people become smarter?”
<i>4 mins</i>	First we have to know what we are talking about. Point to where your brain is. What is a brain? <i>The brain is a powerful part of the human body. It controls all parts of the body including our thoughts and feelings.</i>



	<p>What does “grow” mean? <i>To grow means to get bigger.</i></p> <p>What does it mean to be “smart”? <i>Smart means your mental ability- or what your brain is able to do.</i></p>
<b>21 mins</b>	<b>Lesson activities:</b> (modeling, discussion, active construction, checks for understanding, etc.)
<b>1 min</b>	To talk about how our brains grow and figure out “How do people become smarter?” we are going to work together on a KWL to think about what we <b>know</b> now, what we <b>want</b> to know and what we <b>learn</b> by the end of our lesson. <i>Show KWL chart with the question “How do people become smarter?”.</i>
<b>10 mins</b>	<p>What do we know right now about how people become smarter? Turn and talk to an elbow partner. <i>Share out a few ideas and record on the “K” section of KWL.</i></p> <p>What do we <b>want</b> to know about how people become smarter? Turn and talk to a knee partner. <i>Share out a few ideas and record on the “W” section of KWL.</i></p> <p>Is there anything else we want to know about how our brains grow? Everyone keep your hands down for 30 seconds. Give me a thumbs up when you’ve thought of one more think you want to know about how our brains grow. <i>Share out a few ideas and record on the “W” section of KWL.</i></p>
<b>10 mins</b>	<p>Now we are going to watch a short video about a character named Mojo and see what we can learn about how people become smarter. <i>Replay if needed.</i></p> <p>How can people become smarter according to the video? Turn and talk to an elbow partner. <i>Share out a few ideas and record on the “L” section of KWL. Possible answers include: exercise your brain, keep trying, hard problems.</i></p> <p>The video mentioned that the brain is like muscle. What is a muscle? Point to a muscle on your body. <i>A muscle is the part of the body that let’s animals move.</i></p> <p>How is the brain like a muscle? Turn and talk to a knee partner. <i>Share out a few ideas and record on the “L” section of KWL.</i></p>
<b>17 mins</b>	<b>Closing:</b> (reflection, recap of learning, process lesson’s big ideas)
<b>12 mins</b>	<p>We’ve learned a lot so far about how people become smarter. Some of our questions from our “want to know” section were answered and some still aren’t- that’s okay we can keep learning about how our brains grow!</p> <p>Now I want you to think about- what is one way that you are going to keep getting smarter? It might be one of the ideas we have learned today. Thumbs up when you have your idea.</p> <p>You are going to draw a picture and write (<i>a word, sentence, few sentences depending on grade level</i>) about how you are going to keep getting smarter. <i>Allow 5-10 minutes. Circulate and support as needed.</i></p>



# SETON

EDUCATION PARTNERS

5 mins

Today we said we were going to talk about how our brains grow and answer the question “How do people become smarter?”. You all just drew a picture about how YOU are going to keep getting smarter so we are going to share a few and see what we learned today. *You may have pre-selected a few students to share or take volunteers. If you have time, consider letting everyone share, or set aside time in the future to share. If you do morning meetings, consider letting a few students share everyday over the course of the next week.*